

SAN ANTONIO ISD



Photos taken from said.net, Sep 2012



PARENT HANDOUT ON BACTERIAL MENINGITIS

OVERVIEW: VERY SEVERE! MOST PEOPLE RECOVER, BUT IT CAN CAUSE SERIOUS COMPLICATIONS. PROTECT YOURSELF AND THOSE AROUND YOU!

SIGNS/SYMPTOMS:

- FEVER
- HEADACHE
- STIFF NECK
- NAUSEA, VOMITING
- SENSITIVITY TO LIGHT
- ALTERED MENTAL STATUS

HOW IT'S PASSED ALONG: RESPIRATORY AND THROAT SECRETIONS (COUGHING, KISSING)

HOW IT'S DIAGNOSED: GO TO YOUR DOCTOR, BLOOD SAMPLES WILL BE SENT TO

PREVENTION MEASURES: GET YOUR BACTERIAL MENINGITIS VACCINE! DON'T SMOKE, GET PLENTY OF REST.

TREATMENT: DOCTOR WILL GIVE YOU ANTIBIOTICS, START AS SOON AS POSSIBLE

COMPLICATIONS: BRAIN DAMAGE, HEARING LOSS,

LEARNING DISABILITIES

ARE YOU AT RISK?:

- AGE (INFANTS)
- COMMUNITY SETTING (COLLEGE STUDENTS, MILITARY)
- HEALTH CONDITIONS (WEAK IMMUNE SYSTEM)
- IF YOU TRAVEL OUT OF THE COUNTRY

BOTTOM LINE:

- *STAY HEALTHY
- *GET PLENTY OF REST
- *STAY AWAY FROM SICK PEOPLE
- *AVOID CIGARETTE SMOKE
- *GET THE BACTERIAL MENINGITIS VACCINATION



Information taken from cdc.gov.